



**Tufts Medical Center
Lemuel Shattuck Hospital**

Transitional Year Program



Competency based goals and objectives by rotation:

Rotation Name: Outpatient Medicine
Preceptor: Farshid Fararooy, M.D.

Location: Lemuel Shattuck Hospital
Contact Number: 617-971-3454

General Goals and Objectives: The general goals are to establish a working knowledge of Outpatient Medicine and Primary Care Medicine. The resident should become familiar with the Outpatient management of chronic disease and health maintenance.

Patient care: The resident will be evaluated on their demonstration of caring and respectful behaviors in the Outpatient Department. The resident should establish a foundation of skills in interviewing, informed decision-making, and the development of management plans for patient care. Residents should be able to counsel and educate families, performance of physical exams, and perform supervised procedures.

Medical Knowledge: The resident will be evaluated on analytical thinking, knowledge and application of basic sciences in the Outpatient Department.

Practice-Based learning and improvement: The resident should develop the ability to analyze her/his own practice and need for improvement. The outpatient medicine rotation provides opportunities to practice evidence-based medicine, application of research and statistical method, use of information technology, and teaching.

Interpersonal communications: The resident will be evaluated on her/his ability to create therapeutic relationships with patients and the development of listening skills.

Professionalism: The resident should strive to develop respectful, altruistic, ethically sound practice which is sensitive to culture, age, gender, disability issues.

System based practice: The resident understand the interaction of post discharge follow-up, urgent patient issues, and routine scheduled patients. The resident should strive to insure good patient flow while preserving high quality of care. The resident should practice cost-effective care and advocate for patients within the system. The resident should familiarize himself/herself with the different medical insurance agencies, medical delivery systems, and billing systems.

Goals of Elective	Learning Objectives
<ul style="list-style-type: none"> • Become familiar with the fundamental principles of practicing General Internal Medicine in the ambulatory setting including diagnostic reasoning; evidence-based medicine; cost effective care; and self-directed learning. • Begin to develop skills of a practicing physician such as communication with patients; communication with colleagues; ability to work in a team; and, a comprehensive approach to care. • Learn to recognize manifestations of disease and manage the course of common illnesses. • Develop skills that address care of the healthy patient including preventive medicine; care of the patient with acute illness; and longitudinal care of the patient with chronic illness as well as care through the course of the complete illness. • Establish a mentoring relationship with the assigned physician preceptor. • Become familiar with the residency competency-based means of assessment. 	<ul style="list-style-type: none"> • Expand his/her fund of knowledge related to common illnesses and problems that are encountered primarily in the outpatient setting. • Gain a more complete understanding of different stages of the disease process by seeing patients over an extended period of time. • Gain experience in the assessment, evaluation and management of a wide variety of acute and chronic outpatient internal medicine problems. • Refine focused history and physical examination skills appropriate to outpatient problems. • Increase his/her ability to integrate and apply history, physical exam and basic science to outpatient internal medicine problems. • Refine the integrative skills of communication (written and presentation), coordination of care and information management. • Develop an understanding of office functions and systems of care. • Develop an understanding of the roles of members of the patient healthcare team and demonstrate collaboration with the healthcare team. • Begin to see how physicians approach patient issues including the ethical care of patients. • Further develop communication skills and longitudinal relationships with patients.

Clinical Responsibilities:

- Review Goals & Objectives of this rotation with your preceptor.
- Perform complete history and physical examination on assigned patients in a timely manner and discuss each case with the attending physician.
- Document a Medical Clinic Progress Note on the Meditech system.
- Attend Noon Teaching Lectures in the Medical Services Department.
- Each resident is expected to give at least 1 presentation on a common Outpatient Medicine topic.